

Grandmaster Bai Qingzhai Martial Art Seminar



Commemoration of the 2nd Anniversary of
Master Bai Qingzhai's Passing

**Hosted by Harvey Lee's Tai
Chi Academy.**

May 30-31, 2026



Target Audience

Tai Chi practitioners interested in or are into the practice of Tai Chi Chuan as a martial art. A great opportunity to deepen understanding of the role, developmental direction, and training methods of Tai Chi push hand and combat training.

Highlights of the event

Tai Chi Masters from various regions of China who are disciples of Grandmaster Bai will be in attendance. They include: Master Zhang Donghai, President of Baoding Chen style Tai Chi Research Association, Master Huang Chengjun, Convener of Beijing Bai Qingzhai Martial Arts Academy, and masters from Hebei Gucheng the hometown of Grandmaster Bai.

Inquiry and
Reservation

mail@hltaichi.com



Grandmaster Bai Qingzhai was born in 1929, in Gucheng County Hebei Province. He is widely acknowledged as one of the top martial artists of his generation. He had been practicing martial arts since childhood. At the age of 14, he left for Beijing. There he studied the 188-posture old style Tai Chi Quan under the tutelage of Yang Wenhai. This Tai Chi form is a rare treasure that can be traced back to the antiquated Tai Chi of Taoism, and was passed down by An Changling, a member of Yang Banhou's Tai Chi lineage.

In Beijing, Grandmaster Bai also studied San Huang Pao Chui Quan (Three Emperors Cannon Fist) with Liu Shouchang, a disciple of grandmasters Li Yaochen and Chen Youqing. Li and Chen were famous security escorts with Beijing Hui You Biao Ju, the largest armed security escort services provider of that bygone era. Bai combined the soft essence of the old style Tai Chi and the explosive essence of Three Emperors Cannon Fist to create a fresh and more potent system of internal martial art. Beijing in the late 1950s and early 1960s was a key hub for traditional martial arts. It was in this vibrant martial atmosphere that Bai became very famous for his unbeaten records of exchanging skills with different martial arts styles.

In the 70s and 80s, Bai was involved in promoting the National Sports Authority standardised Tai Chi forms. During that time, Li Tianji, the leader of Chinese Wu Shu Association, spoke very highly of Bai's martial art prowess. Li once remarked, "Bai Qing Zhai's push hands skill is peerless".

Grand Master Bai passed away in his hometown of Gucheng, Hebei in 2024 at the age of 95.

Date, Time and Venue

30/05, the 1st day, 1:30pm – 5:30pm. The Branksome Hotel & Residences. 60 Robey St, Mascot. (Free parking within the hotel premises. Close to public transport.)

Agenda includes: talks on Grandmaster's martial arts Lineage of inheritance, concept, style characteristics, training methods. The importance and practical significance of adhering to the attributes of Tai Chi as a martial art. Talks are paired with video presentations. Conclusion: questions and discussions. Buffet dinner provided after the seminar in this four-star hotel.

31/05, the 2nd day, 10:00am – 12:30pm, Campsie training hall, level 1, 43 North Parade, Campsie.

Activities includes: Tai Chi forms demonstrations, push hands training and skills exchange.

Contact

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